



# SPA TREATMENT BROCHURE

## Opening Hours

Wednesday – Monday 11.00am – 6:30pm

Tuesday Closed



ROYAL MARINE  
HOTEL

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A NEVILLE HOTEL

# FACIAL TREATMENTS

## **Voya Anti-Ageing Seaweed Facial**

Suitable for all skin types. Includes a deep cleanse, bamboo exfoliation, chest and face massage followed by hand harvested seaweed leaf mask whilst you indulge yourself with a relaxing scalp massage and hot foot cleanse.

**70mins - €100**

## **Voya Customised Facial**

Allow Voya to taylor your facial specifically to your skin's unique needs. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified and nourished.

**55min - €85**

## **Dermalogica Multivitamin Power Facial**

Using our AgeSmart range, receive deep cleanse, powerful exfoliation, relaxing facial massage to reduce the signs of aging and introduce vitamins into the skin.

**70mins - €100**

## **Dermalogica Customised Facial**

This prescriptive facial, using Dermalogica products customised for your skin type, includes deep cleanse, exfoliation, facial massage and mask.

**55mins - €85**



# MASSAGES

## **Voya Total Massage Journey**

A complete top to toe relaxation journey including a full body muscle massage, body brushing and moisturizing. This is the ultimate luxury treatment to relieve aches and pains while leaving your skin feeling refreshed and revived.

**70mins - €100**

## **Voya Deep Tissue Back, Neck, Shoulders & Head**

Using a deep tissue pressure to help unwind tight muscles and release muscle tension using Voya Seaweed Oil.

**40mins - €85**

## **Indian Head**

Wonderfully relaxing treatment which gives instant relief from tension and stress and provides a number of health benefits.

**40mins - €80**

## **Reflexology**

Reflexology involves specific reflex pressure point massage on areas of the foot to stimulate and relieve areas of congestion

**40mins - €80**

# MASSAGES

## Swedish Massage

A classic Swedish Massage using light/ medium/ firm pressure, relieving muscular tension and stress.

**40mins - €75 / 55mins - €85**

## Stress Buster

Ease away everyday tension with focus on three typical stress areas: head, back and feet.

**55mins - €85**

## The Real Aromatherapy Experience

Ease away the day's stresses and strains and bring body and mind back into balance using a blend of effective essential oils for pure relaxation.

**55mins - €90**

## Hot Stone Massage

Heated Irish Basalt stones coated in aromatic oils are used directly to massage the whole body gently, to help induce a deep state of Relaxation.

**40mins - €80 / 70mins - €100**

## Coconut Melt Massage

Medium to light pressure using coconut oil

**55mins - €90**



# SIGNATURE TREATMENTS

## **Sansana's Complete Voya Experience**

Indulge yourself in a complete oasis of tranquillity, starting with a back massage to relax your muscles followed by a warm foot cleanse & seaweed foot wrap to reduce swelling and tired feet. You will then be treated to a Voya facial which will include a relaxing foot massage while seaweed eye masks are placed over the eyes to refresh and rejuvenate.

**85mins - €139**

## **Shirodhara**

Indulge yourself with our signature treatment which relaxes the mind, body and spirit. Commencing with our rose foot soak and Indian Head Massage, followed by full body massage, facial massage and completed by the shirodhara – mind flow – where warm oil is dripped on the third eye chakra to relieve the mind.

**85mins - €129**



# VOYA BODY RITUALS

## Luxurious Scrub Experience

Choose from: Salt Glow, Lavender Sugar Glow or Peppermint Sugar Glow.

All scrubs are followed by a back and head massage,  
including full body moisturising.

**70mins - €100**

## Warm Spiced Mud Wrap

Body brushing, followed by a deeply detoxifying wrap and including a relaxing scalp massage. Perfect for refreshing and purifying the skin.

**55mins - €90**

## Tangle Me Up Wrap

Antioxidant compounds fight cellulite and signs of ageing, improving the suppleness and elasticity of your skin. This wrap includes a back massage to really melt away worries and stress.

**70mins - €100**

# PREGNANCY TREATMENTS

## **Pregnancy Massage**

A massage to help mums to be to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints.

**55mins - €85**

## **Voya Organic Prenatal Treatment**

Melt away any aches and pains with a full body exfoliation followed by a top to toe body, face and scalp massage. This treatment will leave you feeling comfortably cocooned, supported and restored.

**85mins - €129**

## **Voya Organic Precious Moments**

A relaxing bump treatment to help support connective tissue and prevent stretch marks. Your feet will be wrapped in organic seaweed leaves to reduce fluid retention while you enjoy a relaxing face, hand and arm massage.

**55mins - €85**



## HANDS AND FEET

Deluxe Manicure	40mins	€60
Deluxe Pedicure	55mins	€70
File and polish	25mins	€30
Shellac Manicure	55mins	€65
Shellac Pedicure	55mins	€75
Shellac File & Polish	30mins	€35



# PACKAGES

## Half Day Package

Back massage, mini facial and deluxe manicure or deluxe pedicure.

**Approx. 2 hours - €149**

## Luxury Combo

Choose any two treatments:

Back massage/ Mini facial/ Full body scrub/ Foot massage/ Head massage

**Approx. 1 hour - €100**

## Drift Away Experience

Heated back exfoliation, hot stones back massage and mini facial.

**70 mins - €100**

## Couples Package

Back massage each (separate treatment rooms)  
and mud chamber together.

**70 mins - €150**

## Tropical Paradise

Coconut back massage, mini facial and dry floatation

**Approx. 1.5 hours - €110**

## Mum To Be Package

Pregnancy massage, deluxe pedicure and dry floatation.

**Approx. 2.5 hours - €150**

