



SPA TREATMENT MENU

September 2020



M A S S A G E

Voya Deep Tissue Back, Neck, Shoulders & Head Massage

Using a deep tissue pressure to help unwind tight muscles and release muscle tension using Voya Seaweed Oil.

40mins - €85

Swedish Massage

A classic Swedish Massage using light, medium or firm pressure, relieving muscular tension and stress.

Full Body - 55mins - €85

Back - 40mins - €75

Back, Neck, Shoulder Massage

25mins - €40

Hot Stone Back Massage

Heated Irish Basalt stones coated in aromatic oils are used directly to gently massage and induce a deep state of relaxation.

40mins - €85

Deep Tissue Body Massage

Using a deep tissue pressure to help unwind tight muscles and release muscle tension using an Aromatic Massage Oil.

55 mins - €100



BODY TREATMENTS

Luxurious Scrub & Massage Experience

Choose from: Salt Glow, Lavender Sugar Glow or Peppermint Sugar Glow.

All scrubs are followed by a back and head massage, including full body moisturising.

55mins - €85

Reflexology

Reflexology involves specific reflex pressure point massage on areas of the foot to stimulate and relieve areas of congestion.

40mins - €80

FACIALS

Dermalogica Customised Facial

This prescriptive facial, using Dermalogica products customised for your skin type, includes deep cleanse, exfoliation, facial massage and mask.

55mins - €85

Voya Customised Facial

Allow Voya to tailor your facial specifically to your skin's unique needs. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified and nourished.

55mins - €85



HANDS & TOES

Deluxe Manicure

Our deluxe treatment includes a hand soak, shaping nails, cuticle work, massage of the hands and to finish of a choice of nail colour.

55 mins - €60.00

Shellac Manicure

Our deluxe treatment includes a hand soak, shaping nails, cuticle work, massage of the hands and to finish of a choice of Shellac 2 week nail colour.

55 mins - €65.00

Deluxe Pedicure

Our deluxe treatment includes a foot soak, shaping nails, cuticle work, massage of the feet and to finish of a choice of nail colour.

55mins - €70

Shellac Pedicure

Our deluxe treatment includes a foot soak, shaping nails, cuticle work, massage of the feet and to finish of a choice of Shellac 2 week nail colour.

55mins - €75



SAFETY PROTOCOLS

We would like to provide our valued guests and members with some information on how we have increased our disinfecting throughout the spa in response to COVID-19. Our spa has always upheld strict hygiene protocols and the well-being of our guests has always been our priority. As we look forward to welcoming you to our spa, we would like to reassure you that the following additional protocols have been introduced, so you can feel safe and protected while you spa with us.

- sansanaSPA will open and operate in line with industry guidelines and standards as set out by the Irish Spa Association & HSE / Department of Health Guidelines.
- The following amenities will not be available until further notice: Thermal Suites, Mud Chamber, Sauna, Steam Room and Relaxation area.
- Please advise The Spa at booking stage of any allergies, medical conditions or disabilities e.g. pregnancy, recent surgery, cancer, current or historic (past 6 months). Some treatments are cautioned for certain conditions, although The Spa may be able to tailor a programme to individual needs.
- Our Spa Reception Team will welcome you upon arrival and ensure we have received your digital consultation card should you have a treatment booked and your therapist will bring you directly to the treatment room.
- The therapist will wear a mask during your treatment as an enhanced safety measure.
- Guests will be requested to wear a face mask during the treatment.
- Robes and slippers and locker keys available per request.
- There will be no reading material, fruit or refreshments available, only water.
- To keep our guests and employees safe, guests will be requested to shower in their room and wash hands prior to the treatment or can use Spa changing room with social distancing.
- Please note that normal cancellation policy applies i.e. 50% of the treatment will be charged if cancelled within 24 hours of booking occurs.

What you can do to help

We would like you to relax during your visit and immerse yourself into the Spa Experience. For this reason, we have taken extra measures to safeguard our guests prior to arrival. We kindly ask the following: For the safety of our guests and staff, if you or a member of your household has developed any of the following symptoms; cough, fever, breathlessness, sore throat, headaches within the last 7 days (prior to your Hotel/Spa visit) please contact the Hotel/Spa prior to arrival of your appointment or facility use. We will arrange for a Doctor to contact you and they will provide further instructions.