



SPA TREATMENT MENU

Opening Hours

Wednesday – Monday 11.00am – 7:00pm

Tuesday - Closed



ROYAL MARINE
HOTEL

Contact sansanaSPA on +353 1 271 2563
or email sansanaSPA@royalmarine.ie

www.royalmarine.ie



A NEVILLE HOTEL

FACIAL TREATMENTS

Voya Anti-Ageing Seaweed Facial

Suitable for all skin types. Includes a deep cleanse, bamboo exfoliation, chest and face massage followed by hand harvested seaweed leaf mask whilst you indulge yourself with a relaxing scalp massage and hot foot cleanse.

70mins - €100

Voya Customised Facial

Allow Voya to taylor your facial specifically to your skin's unique needs. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified and nourished.

55min - €90

Dermalogica Multivitamin Power Facial

Using our AgeSmart range, receive deep cleanse, powerful exfoliation, relaxing facial massage to reduce the signs of aging and introduce vitamins into the skin.

70mins - €100

Dermalogica Customised Facial

This prescriptive facial, using Dermalogica products customised for your skin type, includes deep cleanse, exfoliation, facial massage and mask.

55mins - €90



MASSAGES

Voya Total Massage Journey

A complete top to toe relaxation journey including a full body muscle massage, body brushing and moisturizing. This is the ultimate luxury treatment to relieve aches and pains while leaving your skin feeling refreshed and revived.

90mins - €130

Voya Deep Tissue Massage

Using a deep tissue pressure to help unwind tight muscles and release muscle tension using Voya Seaweed Oil.

40mins - €85 / 55 mins €100

Indian Head

Wonderfully relaxing treatment which gives instant relief from tension and stress and provides a number of health benefits.

40mins - €85

Reflexology

Reflexology involves specific reflex pressure point massage on areas of the foot to stimulate and relieve areas of congestion.

40mins - €85

MASSAGES

Swedish Massage

A classic Swedish Massage using light/ medium/ firm pressure, relieving muscular tension and stress.

25mins - €60 / 40mins - €80 / 55mins - €90

Stress Buster

Ease away everyday tension with focus on three typical stress areas: head, back and feet.

55mins - €90

The Real Aromatherapy Experience

Ease away the day's stresses and strains and bring body and mind back into balance using a blend of effective essential oils for pure relaxation.

70mins - €110

Hot Stone Massage

Heated Irish Basalt stones coated in aromatic oils are used directly to massage the whole body gently, to help induce a deep state of Relaxation.

40mins - €85 / 70mins - €110

SIGNATURE TREATMENTS

Sansana's Complete Voya Experience

Indulge yourself in a complete oasis of tranquillity, starting with a back massage to relax your muscles followed by a warm foot cleanse & seaweed foot wrap to reduce swelling and tired feet. You will then be treated to a Voya facial which will include a relaxing foot massage while seaweed eye masks are placed over the eyes to refresh and rejuvenate.

85mins - €139

Shirodhara

Indulge yourself with our signature treatment which relaxes the mind, body and spirit. Commencing with our rose foot soak and Indian Head Massage, followed by full body massage, facial massage and completed by the shirodhara – mind flow – where warm oil is dripped on the third eye chakra to relieve the mind.

85mins - €139

VOYA BODY RITUALS

Luxurious Scrub Experience

Choose from: Salt Glow, Lavender Sugar Glow or Peppermint Sugar Glow.

All scrubs are followed by a back and head massage, including full body moisturising.

55mins - €85

PREGNANCY TREATMENTS

Pregnancy Massage

A massage to help mums to be to reduce stress, decrease swelling in the arms and legs, and relieve aches and pains in muscles and joints.

55mins - €90



HANDS AND FEET

Deluxe Manicure	55mins	€60
Deluxe Pedicure	55mins	€70
Shellac Manicure	55mins	€65
Shellac Pedicure	55mins	€75

PACKAGES

Half Day Package

Back massage, mini facial and deluxe manicure or deluxe pedicure.

Approx. 2 hours - €149

Top to Toe Package

Full Body Swedish massage followed by Voya/Dermalogica customised facial.

Approx. 2 hours - €149

Luxury Combo

Choose any two treatments:

Back massage/ Mini facial/ Foot massage/ Head massage

Approx. 1 hour - €100

Mum To Be Package

Pregnancy massage, deluxe pedicure and dry floatation.

Approx. 2.5 hours - €150



Couples Package

Enjoy the mud chamber followed by an individual 25 minute back massage.

Approx. 1.5 hours - €150

BATH

Seaweed Bath Soak.

30mins - €50

Hydrotherapy

30mins - €40

Mud Chamber

Self-applied mud deep cleanses and revives your body, followed by a tropical shower to wash away the mud, leaving your skin feeling silky smooth and radiant. A treatment for one or two people.

30mins - €40 per person